

Living the Cross Centered Life



Study Guide: Chapter 9 –What God Understands

Passage for Meditation: Hebrews 4:14-16

1. How can a person who has not experienced suffering personally encourage someone who is suffering? (98)
2. What exercise will never bring rest and release? Why? (9)
3. What is the greatest motivation for everything God has called you to do and experience in life?
4. Will all Christians experience suffering? (98) What do the following verses say about Christian suffering?

John 16:33

Acts 14:22

Romans 8:17

Philippians 1:29

5. What should we do to be fully sustained in suffering? (99)

6. How does the author support his statement that, “Our suffering does not truly compare to His?” (99)

7. The author argues from the greater to the lesser to explain Jesus’ ability to help us in our suffering. Explain his argument considering Hebrews 4:15? (99-100)

8. How does Hebrews 4:16 bring us comfort in our own dark hour of suffering? (100)

9. In Gethsemane, Jesus received help from an angel. Who helps suffering Christians? (100)

10. How does Hebrews 7:25 promise Jesus constant help? (101)

11. According to Spurgeon, when will we finally know all that Jesus had done for us? What will we do when finally have the vision to see? (101)

12. Why is it vital for a Christian to have a proper theology of suffering?

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