

Study Guide: Winning The Inner War

Chapter 8: Living with your feelings

Introduction

1. What two things does our generation do to reach its goal of feeling good? (79)
2. How does Eph 2:3 describe the life of a person who does not know God?
3. Are feelings a reliable guide for behavior? (79) How do God given feelings become tempters to evil? Give some examples. (79-80)
4. How can many emotional tragedies be avoided? (80)

Pitfalls of living by feeling

5. What is the cause of most sinful habits? (80)
6. Can we obey God's commands if our emotions are not ready to follow Him? (81)
7. What common error to people make in regard to love? (82)
8. If feelings cannot be commanded, then what conclusion must we come to when we are commanded to love or forgive? (82)
9. What is the second danger of living by feelings? (82)

10. Must you always feel God's presence in order to be in fellowship with him and make spiritual progress? What promise in Heb 13:5 encourages us?
11. What two examples does the author give to remind us that spiritually victorious people also struggle at times with emotions? (82-83)
12. In what does Spiritually motivated depression usually originate? (83)
13. What is the third pitfall of living by feelings? What increases when we put matters off? (84)
14. Finish the Quotation: "The more you give in to your feelings . . ." (84)
15. What happens the moment you declare war on your besetting sin? From what sin do those feelings come? (85)
16. Jesus is the perfect example of how to deal properly with our human feelings. What four things did Christ do and where are they found in the Bible? (86-87)
 - a.
 - b.
 - c.
 - d.
17. What word characterized Jesus activity in spite of his emotional conflict? What did Jesus know would come after this? (88)

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